

Strategy	A plan of action to achieve a goal or overcome a challenge
Support	To give help or advice
Risk	a situation involving exposure to danger.
Organised	able to plan things carefully and keep things neat
Balance	having the right amount – not too much, not too little
Teamwork	working together in a group, with other people
Equality	the state of being equal, especially in status, rights, or opportunities
Inclusion	including all types of people, things or ideas and treating them all fairly and equally
Diversity	understanding that each individual is unique, and recognising our individual differences
Discrimination	The unfair treatment of someone due to a protected characteristic
Harassment	when a person annoys or upsets someone else, on purpose, usually repetitively.
Sexual harassment	any unwanted sexual behaviour that makes someone feel upset, scared, offended or humiliated, or is meant to make them feel that way
Bullying	Repetitive, intentional hurting of someone else.
Upstander	a person who speaks or acts in support of others ,particularly when someone is being bullied.
Bystander	a person who is standing near and watching something that is happening but is not taking part in it
Conflict	a clash or disagreement
Teamwork	the collaborative effort of a group to achieve a goal or to complete a task in the most effective and efficient way.

Meadowhead School and Sixth Form



We make a difference

Y7: Welcome to Meadowhead

The Equality Act (2010) protects us all by making it against the law to discriminate or harass someone because of protected characteristic.



Support in School

- Friends
- Peer Mentors
- Form Tutor
- Head of Year
- Pastoral Manager
- School pastors
- Any trusted adult

neverokay@meadowhead.sheffield.sch.uk

Sources of Support

BBC Bitesize: [Starting Secondary School](#)

childline.org.uk

nspcc.org.uk

youngstonewall.org.uk

youngminds.org.uk

anti-bullyingalliance.org.uk

childnet.com/young-people

www.nhs.uk/conditions/first-aid/

firstaidchampions.redcross.org.uk

Key features of bullying

Bullying is the **repetitive, intentional** hurting of one person or group by another person or group, where the relationship involves an **imbalance of power**. It can happen face to face or online. It is often aimed at certain groups, for example because of race, religion, gender or sexual orientation. At Meadowhead School we will not tolerate bullying.

Make a Difference, with your behaviour

Be an upstander not a bystander

Report incidences you witness

Safely challenge others behaviour when you feel comfortable

In an emergency you may need to call 999. This is the information you will need.

- Is the casualty breathing
- Are they responsive
- Do they have any injuries that you can see and what are they
- Do you know what happened to them
- Where are you (exact location)
- Your contact details in case they need to call you back

The consequences of risk-taking behaviour

You may regret your actions

Regret can stay with you for many years if your behaviour has led to long-term difficulties.

Others may think you are foolish

You may find yourself isolated if your behaviour makes people think badly of you.

Your relationships may suffer

People will not trust you if they associate you with risky or antisocial behaviour. Your family will worry and your friends may distance themselves from you.

You or others may be injured

Taking physical risks may lead to injuries or death for you and the people around you.

You may face criminal charges

Dangerous or illegal behaviour may lead to your arrest. This will cause problems at school and work, and may lead to curfews, fines, probation, or prison.

